

The Shamrock

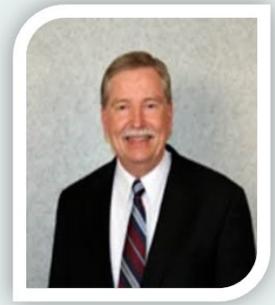
The National Honor Society Newsletter

IMPORTANT EVENTS

by: Angela Gonzalez

- ◆ Christmas break began on December 21st. Students were out of school until January 2nd, 2018.
- ◆ As the second quarter comes to an end, you know midterms will be on their way. Midterm exams start on January 15th and end on January 18th.
- ◆ In honor of the great leader and activist, Dr. Martin Luther King, Jr., there will be no school on Monday, January 21st.
- ◆ The third quarter begins right after the midterms. It begins on January 22nd.
- ◆ Preparations for Winter Ball have already begun! The proposed date for Winter Ball is January 25th, more details to come.
- ◆ The next proposed date for a dress down day is Thursday, January 31st to benefit Emmanuel House.

Mr. Raymond's Corner



If you stood on a step-ladder and described a TV, would that be a "high definition TV"?



Thank you, Mr. Raymond, for your warm and humorous contribution to the newspaper. It is always a delight to have you be a part of it!



STUDY TIPS

by: Amanda Solano

As exams approach, we all become a bit nervous. "Will I pass Physics?" "Is my Geometry exam just as hard as the quizzes I get?" Well, fear not because I have a few tips to help you not only study, but stress less about upcoming exams.

1. Breathe! You cannot get very far without breathing. Common sense, I know, but sometimes by stopping, taking a deep breath and having a moment to organize your thoughts will allow you to calm down and figure out what is important.
2. Notes! Let me ask you this: did you even take notes in class? Well, if you did a good job taking notes, use those to study. Teachers give study guides for midterms. Use this to focus your studying
3. Get a study buddy! Having a friend to work with never hurt anybody, unless you both goof off, then that is a bad idea. Work with a friend you know is serious and has good notes. Both of you should compare notes and see who understood the topic at hand in class. Help each other!
4. Sleep! You should not stay up all night playing video games, bingeing on Netflix and YouTube, or even studying. It is good to take a break to not only get a snack but to sleep. Remember, as teens we need 8-9 hours of sleep. So do not stay up late before your exams.
5. Be prepared! Make sure you have all the materials you need for your exams (i.e. pencil or calculator). You do not want to be running around at the last possible minute looking for the things you need.
6. Remember: You can do it! Do not let these exams scare you or cause you to stress. You are smart and you can do anything when you put your mind to it.



The Boys' Basketball Team at their first game of the 2018-2019 season.

PADRE PRIDE

by: Shakira DaGraca

He shoots! He scores! Basketball season is here. For the first time in Saint Patrick Academy history, the boys' basketball has held basketball tryouts in which these young men were tested on cardio, strength, and skill. Congratulations to those that made the team! Also, congratulations to Isaac Parkes, Bensley Joseph and Keith Wilson for being selected as this season's captains.

According to Assistant Coach John Acaro, the main goal for this season is to make it to the playoffs. He believes that this can be accomplished with the right attitude, strong academics, perseverance, and skill. "If you're not in shape, it's my team; if you're in shape, it's our team; if you can play a game without me coaching, it's your team!" - Coach John.

Luvince Tilus, who joined the Padres last season, said his goal is to make it to the playoffs through hard work and dedication. Isaac Parkes, one of the captains, strongly believes that "this year is our time." Victor Rodriguez has a goal of making the playoffs and winning a title. He wants to "give the spectators something to cheer for!" Go, Padres!

THE BOYS' BASKETBALL TEAM

BACK ROW, L-R:

ISAAC PARKES,
BENSLEY JOSEPH,
RYAN JOSEPH,
JAYLIN CARTY,
CAMREN DAVIS,
COACH SCOTT ALLEN

FRONT ROW, L-R:

VICTOR RODRIGUEZ,
KEITH WILSON, RICKY
FONSECA, MICHAEL
AOFOLAJUWONLO

UPCOMING GAMES:

- FRIDAY, 1/11/19:
AGAINST SCITUATE
AT SCITUATE
- SATURDAY, 1/12/19:
AGAINST MT. HOPE
HIGH SCHOOL AT
MT. HOPE
- FRIDAY, 1/18/19:
AGAINST DAVIES
AT DAVIES
- SATURDAY, 1/19/19:
AGAINST BLACK-
STONE VALLEY
PREP AT BLACK-
STONE VALLEY
PREP

THE FRESHMAN EXPERIENCE

by: Tomas Fernandez

Freshmen seem divided in their opinions about the freshman retreat.

Ricky Fonseca (below, right), said he thought it would be good to change things up for next year's freshmen so they have a new experience. The girls seemed to say that, overall, they had a good time.

Samantha Galvao (below, left) stated she enjoyed the getting-to-know-you activities put on by the Student Council at the beginning of

the year. She enjoyed playing fun games with everyone after lunch. Ricky also said, "Okay, that was lit."

The freshmen's honesty is appreciated because it helps our school to keep improving and getting better every year.

The seniors noted that as freshmen, they did not know it then, but that St. Patrick's is family. The seniors hope the freshmen have a wonderful experience here.



NEW YEAR, NEW SEASON

by: Amanda Solano

This school year marks the first time that St. Patrick Academy has had a soccer club. Many students who have different backgrounds in soccer were able to come together and have fun. Sophomore Manny Aguilar really enjoyed his soccer experience, saying, “It was a good way to have fun and forget about school.” He also expressed how he was happy to learn new skills and have fun doing so. Freshman Sofia Paiz also spoke of learning new skills and being able to have fun. “It was really fun; we learned different types of skills and different ways of playing soccer.” She also spoke of how everyone was able to participate and have fun.



Although the team was not able to compete through the RI Interscholastic League, they were able to scrimmage against Narragansett High School. They lost the game, but they decided to have a shootout, which SPA won! They were able to accomplish this through hard work and a lot of practice every day after school. With more hard work, the team hopes to transition from a club sport to an RIIL team. Having fun, being able to work together and getting better as a soccer team overall shows through the team's hard work and dedication to attending practice.